



Measure yourself without clothes, loosely and in a natural position.  
Choose approximately the size indicated below in order to be comfortable on your bike.

## ALPINESTARS Jerseys / T-shirts

Junior

	<b>S</b> (6 - 7 years)	<b>M</b> (8 - 10 years)	<b>L</b> (11 - 12 years)	<b>XL</b> (13 - 14 years)	
<b>A. Chest</b>	60.5 - 65.5	65.5 - 70.5	70.5 - 75.5	75.5 - 80.5	cm
	23 <sup>7</sup> / <sub>8</sub> - 25 <sup>3</sup> / <sub>4</sub>	25 <sup>3</sup> / <sub>4</sub> - 27 <sup>3</sup> / <sub>4</sub>	27 <sup>3</sup> / <sub>4</sub> - 29 <sup>3</sup> / <sub>4</sub>	29 <sup>3</sup> / <sub>4</sub> - 31 <sup>3</sup> / <sub>4</sub>	"
<b>B. Waist</b>	54 - 58	58 - 62	62 - 66	66 - 70	cm
	21 <sup>1</sup> / <sub>4</sub> - 22 <sup>7</sup> / <sub>8</sub>	22 <sup>7</sup> / <sub>8</sub> - 24 <sup>3</sup> / <sub>4</sub>	24 <sup>3</sup> / <sub>4</sub> - 26	26 - 27 <sup>1</sup> / <sub>2</sub>	"
<b>C. Hip</b>	68 - 72	72 - 76	76 - 80	80 - 84	cm
	26 <sup>3</sup> / <sub>4</sub> - 28 <sup>3</sup> / <sub>8</sub>	28 <sup>3</sup> / <sub>8</sub> - 29 <sup>7</sup> / <sub>8</sub>	29 <sup>7</sup> / <sub>8</sub> - 31 <sup>1</sup> / <sub>2</sub>	31 <sup>1</sup> / <sub>2</sub> - 33 <sup>1</sup> / <sub>8</sub>	"
<b>D. Thigh</b>	40 - 42	42 - 44	44 - 46	46 - 48	cm
	15 <sup>3</sup> / <sub>4</sub> - 16 <sup>1</sup> / <sub>2</sub>	16 <sup>1</sup> / <sub>2</sub> - 17 <sup>3</sup> / <sub>8</sub>	17 <sup>3</sup> / <sub>8</sub> - 18 <sup>1</sup> / <sub>8</sub>	18 <sup>1</sup> / <sub>8</sub> - 18 <sup>7</sup> / <sub>8</sub>	"
<b>E. Inseam</b>	51.5 - 56.5	56.5 - 61.5	61.5 - 66.5	66.5 - 71.5	cm
	20 <sup>1</sup> / <sub>8</sub> - 22 <sup>1</sup> / <sub>4</sub>	22 <sup>1</sup> / <sub>4</sub> - 24 <sup>1</sup> / <sub>4</sub>	24 <sup>1</sup> / <sub>4</sub> - 26 <sup>1</sup> / <sub>8</sub>	26 <sup>1</sup> / <sub>8</sub> - 28 <sup>1</sup> / <sub>8</sub>	"
<b>F. Arm lenght</b>	39 - 43	43 - 47	47 - 51	51 - 55	cm
	15 <sup>3</sup> / <sub>4</sub> - 16 <sup>7</sup> / <sub>8</sub>	16 <sup>7</sup> / <sub>8</sub> - 18 <sup>1</sup> / <sub>2</sub>	18 <sup>1</sup> / <sub>2</sub> - 20 <sup>1</sup> / <sub>8</sub>	20 <sup>1</sup> / <sub>8</sub> - 21 <sup>4</sup> / <sub>8</sub>	"
<b>G. Height</b>	109 - 120	120 - 130	130 - 145	145 - 159	cm
	3.7 - 3.11	3.11 - 4.3	4.3 - 4.9	4.9 - 5.3	"

